



FACT SHEET

"The generous will themselves be blessed, for they share their food with the poor." Proverbs 22:9

Who is FMSC?

Founded in 1987, Feed My Starving Children® is a Christian non-profit that provides nutritionally complete meals for starving, malnourished and hungry people. The prepackaged dry meals—costing less than a quarter each to make—are funded and assembled by donor-volunteers in the United States. Our in-country partners use the food to prevent starvation and curb malnourishment in children and families worldwide. FMSC food has reached more than 70 countries in our history.

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Our Food

We have three dried, fortified meal formulas addressing the world's main hunger needs. Each culturally-neutral meal packet contains 6-12 servings, depending on the food formula.

MannaPack™ Rice: Our original food formula consists of **vitamin-packed flavoring**, dried vegetables, soy protein and rice.

MannaPack™ Potato-W: Our "baby food" which meets **World Health Org. standards for infants 7-12 months** contains vitamin-packed sweet potato flavoring, potato granules and soy flour.

MannaPack™ Potato-D: **The first and only food** for people with severe diarrhea (a leading killer in the developing world) contains a specific sweet potato-flavored vitamin mix which aids rehydration, potato granules and soy flour.

FOOD PREPARATION

Cook MannaPack Rice with boiling water. Combine MannaPack Potato products with potable water or milk at any temperature.

Our Costs

Each MannaPack meal costs less than 25¢ to produce.

Our Volunteers

Volunteers hand-pack all of our fortified meals. More than half of FMSC volunteers are under the age of 18. In 2015, more than 1 million volunteers joined FMSC to package nearly 273 million meals for children around the world.



HOW TO VOLUNTEER

Registration for volunteer shifts is online at fmsc.org.

Our Food Distribution Partners

Our distribution partners use MannaPacks to fuel development and ministry worldwide. Missions and humanitarian organizations partner with FMSC and distribute meals to children and families in various community settings: orphanages, schools, clinics, refugee camps and nutrition programs.

Our Donors

FMSC is 100% donor funded. Because of our low overhead costs, donations of all amounts go a long way in the fight against world hunger. FMSC devotes more than 90% of total donations directly to feeding kids.

Our Locations

- **Minnesota:** Chanhassen, Coon Rapids (HQ), Eagan
- **Illinois:** Aurora, Libertyville, Schaumburg
- **Arizona:** Mesa
- **Nationwide:** MobilePack events



Turn Hunger into Hope with Your Own Two Hands

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