

**Nutritional Data**

**Product Name:** MannaPack® Rice (1 – 16.6 kg bag)  
Fortified Rice and Soy Protein Meal Package  
**Part Number:** FMSC MEAL 01-8  
**Revision:** 1.0



# Nutrition Facts

260 servings per bag

**Serving Size** 1 cup prepared (64g)

Amount Per Serving

**Calories** **210**

% Daily Value\*

**Total Fat** 1.6g **2%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 709mg **30%**

**Total Carbohydrate** 42g **14%**

Dietary Fiber 3.2g **13%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

**Protein** 11.4g **23%**

Vitamin D 2.5mcg **25%** Iron 4.7mg **26%**

Calcium 360mg **28%** Potassium 423mg **12%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Revision History

Rev. #	Description of Change	Revision Date	Effective Date	Initials
1.0	Initial release		03/01/2023	MK