

## Nutritional Data

**Product Name:** MannaPack® Potato-D  
Fortified potato and soy blend  
**Part Number:** FMSC MEAL 02-4  
**Revision:** 1.0



### Nutrition Facts

12 servings per bag

**Serving Size:** 1/6 cup prepared (22g)

Amount Per Serving

**Calories** 80

**% Daily Value\***

**Total Fat** 0.8g 1%

Saturated Fat 0.1g 1%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 13mg 1%

**Total Carbohydrate** 16g 5%

Dietary Fiber 2g 7%

Sugars <1g

Includes 0g Added Sugars 0%

**Protein** 3g 6%

Vitamin D 2.5mcg 12% Niacin 11%

Calcium 65mg 5% Vitamin B6 14%

Iron 1.4mg 8% Thiamin 17%

Potassium 197mg 4% Folate 8%

Vitamin A 16% Vitamin B12 21%

Vitamin C 7% Iodine 28%

Vitamin E 11% Zinc 6%

Riboflavin 15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Revision History

| Rev. # | Description of Change | Revision Date | Effective Date | Initials |
|--------|-----------------------|---------------|----------------|----------|
| 1.0    | Initial release       | 04/06/2022    | 04/06/2022     | MK       |

**Feed My Starving Children**

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