

Nutritional Data

Product Name: MannaPack® Potato-D
Fortified potato and soy blend
Part Number: FMSC MEAL 02-5
Revision: 1.0



Nutrition Facts

12 servings per bag

Serving Size: 1/6 cup prepared (22g)

Amount Per Serving

Calories 80

% Daily Value*

Total Fat 0.8g 1%

Saturated Fat 0.1g 1%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 13mg 1%

Total Carbohydrate 16g 5%

Dietary Fiber 2g 7%

Sugars <1g

Includes 0g Added Sugars 0%

Protein 3g 6%

Vitamin D 2.5mcg 12% Niacin 11%

Calcium 65mg 5% Vitamin B6 14%

Iron 1.4mg 8% Thiamin 17%

Potassium 197mg 4% Folate 8%

Vitamin A 16% Vitamin B12 21%

Vitamin C 7% Iodine 28%

Vitamin E 11% Zinc 6%

Riboflavin 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Revision History

Rev. #	Description of Change	Revision Date	Effective Date	Initials
1.0	Initial release	04/06/2022	04/06/2022	MK

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