

## Nutritional Data

**Product Name:** MannaPack® Potato-W  
Fortified potato and soy blend  
**Part Number:** FMSC MEAL 03-3  
**Revision:** 1.0



<b>Nutrition Facts</b>	
12 servings per bag	
<b>Serving Size</b>	1/6 cup (28g)
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 21mg	<b>1%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	<b>6%</b>
Vitamin D 1mcg <b>5%</b>	
Folate <b>7%</b>	
Calcium 68mg <b>5%</b>	
Vitamin B12 <b>4%</b>	
Iron 1.5mg <b>8%</b>	
Biotin <b>4%</b>	
Potassium 211mg <b>4%</b>	
Iodine <b>32%</b>	
Vitamin A <b>14%</b>	
Zinc <b>9%</b>	
Vitamin C <b>7%</b>	
Vitamin E <b>7%</b>	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

## Revision History

Rev. #	Description of Change	Revision Date	Effective Date	Initials
1.0	Initial release	04/06/2022	04/06/2022	MK