

Nutritional Data

Product Name: MannaPack™ Rice (14 – 1 kg bags)
Fortified Rice and Soy Protein Meal Package
Part Number: FMSC MEAL 01-5
Revision: 1.0



Nutrition Facts	
15.5 servings per bag	
Serving Size:	1 cup prepared (64g)
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 1.6g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 709mg	30%
Total Carbohydrate 42g	14%
Dietary Fiber 3.2g	13%
Sugars 2g	
Includes 0g Added Sugars	0%
Protein 11.4g	23%
Vitamin D 2.5mcg 25%	Iron 4.7mg 26%
Calcium 360mg 28%	Potassium 423mg 12%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Revision History

Rev. #	Description of Change	Revision Date	Effective Date	Initials
1.0	Initial release		06/16/2020	MK